

Course Syllabus

Franklin High School

2020-2021

<u>DIRECTIONS</u>: For each course, complete the syllabus and share with your evaluating/supervising administrator as a pdf ("File-download-PDF document") by 9/28/20. Syllabi will be posted on the FHS website under your name for the public to view.

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NOTE: For core classes, all elements of this section (except for name and contact information) are the same.

Course Title: Sports Medicine, Beginning

Instructor Name: Holte, McCarthy Contact Info:

Grade Level(s): 9-10

Credit Type: (i.e. "science", "elective") elective # of credits per semester: 0.5

Prerequisites (if applicable):

None

General Course Description:

A Survey of common athletic injuries, mechanisms, symptoms. and basic treatment.

Prioritized National/State Standards:

Course Details

Learning Expectations

Materials/Texts:

Various handouts and articles.

Course Content and Schedule:

Introduction/Planes and Directions

Skin and Nerve Injuries

Fractures

Joint Injuries

Muscle Injuries

Overuse Injuries

Therapeutic Modalities and Treatment

Final Research Project

Differentiation/accessibility strategies and supports (TAG, ELL, SpEd, other):

All accommodations in student IEPs will be observed.

Instructors will be available for tutorial during tutorial periods or by appointment.

Extra credit opportunities will be available.

Safety issues and requirements (if applicable):

All students will be bound by a laboratory safety contract



Classroom norms and expectations:

Teachers and students will conduct themselves in a manner consistent with a professional health care setting.

Evidence of Course Completion

Assessment of Progress and Achievement:

The student will answer theoretical and application questions on information covered in class and reading assignments.

The student will participate in hands-on laboratory activities, demonstrating competency and skills gained.

The student will research a specific injury of his/her choice, write a research paper and present to the class.

Assessments will include quizzes, exams, laboratory activities and written assignments.

Progress Reports/Report Cards (what a grade means):

- A: Thorough mastery of all concepts. Able to apply concepts to new information and situations
- B: Good mastery of all concepts. Able to explain concepts.
- C: Adequate mastery of most or all concepts. Able to answer questions about concepts.
- D: Minimum acceptable mastery of key concepts. Able to state facts about concepts.
- F: Inadequate evidence of sufficient mastery. Unable to demonstrate mastery of key concepts.

Career Related Learning Experience (CRLEs) and Essential Skills:

- ₩ Field trips
- ♣ Career Related Learning Experiences (CRLE's)
- Internships or other Career Related
- Multiple guest speakers will present during tutorials on career related and other topics

Communication with Parent/Guardian

What methods are used to communicate curriculum, successes, concerns, etc.?

■ email, phone calls, conferences, and on-line meetings.

Personal Statement and other needed info

9th graders who complete this course may enroll in Advanced Sports Medicine as 10th graders. 10th graders wishing to enter the Sports Medicine sequence must begin with this course. 11th and 12th graders may enroll in Advanced Sports Medicine without completing this course.

